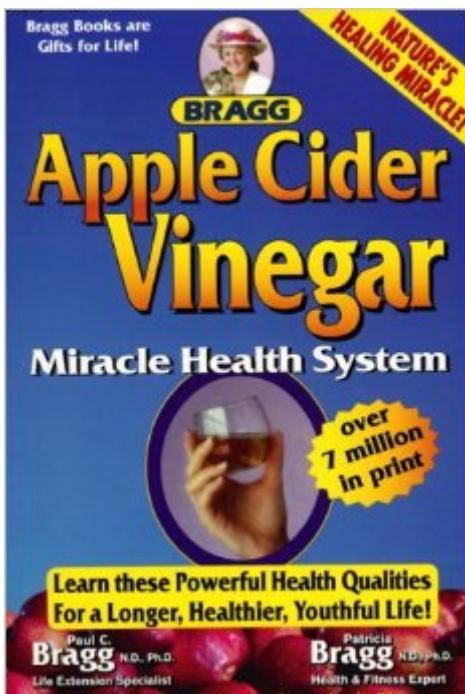


The book was found

Apple Cider Vinegar: Miracle Health System (Bragg Apple Cider Vinegar Miracle Health System: With The Bragg Healthy Lifestyle)



Synopsis

Explores the miracle health benefits of organic, raw apple cider vinegar, a natural detox, antibiotic and antiseptic that fights germs and bacteria.

Book Information

Series: Bragg Apple Cider Vinegar Miracle Health System: With the Bragg Healthy Lifestyle

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Average Customer Review: 4.3 out of 5 starsÂ See all reviewsÂ (693 customer reviews)

Best Sellers Rank: #4,291 in Books (See Top 100 in Books) #4 inÂ Books > Health, Fitness & Dieting > Alternative Medicine > Holistic #10 inÂ Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies #19 inÂ Books > Health, Fitness & Dieting > Alternative Medicine > Healing

Customer Reviews

This book is so amazing, I don't know where to begin. Organic apple cider vinegar is made from apples, and I do personally know how healthy apples are. This organic apple cider vinegar that has the mother enzyme in it is healthy because it is made from apples and still has the enzyme. Regular apple cider vinegar does not still have the enzyme, is filtered, distilled, etc, so that it is not as healthy as organic apple cider vinegar with the mother enzyme, and white vinegar is not even made out of apples (no health benefits). It is truly amazing how healthy organic apple cider vinegar with the mother enzyme is. I could sing the praises all day. This book is a very positive book, and it is obvious that the Bragg family are Godly people. In a very negative and broken-down world, why wouldn't a person want to be positive, live a positive lifestyle, (physically, mentally, emotionally) and be a winner. This book gives helpful information about what organic apple cider vinegar with the mother enzyme can do, and how healthy it is, etc. For example, it tells what to do before a sunburn, and if you already have a sunburn, it tells what to do after the sunburn. It also talks about how organic apple cider vinegar helps to fight off diseases and unhealthy conditions, and to prevent diseases and unhealthiness before they start. It helps with a lot of diseases and conditions,

including high blood pressure, diabetes, cancer, etc. I think this book could really help someone who is sickly. And could also help healthy people to stay healthy. This book talks about living healthy, and that if we drink organic natural apple cider vinegar, along with eating fresh fruits and vegetables, and exercising properly, we should live to 120, as Genesis says.

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